

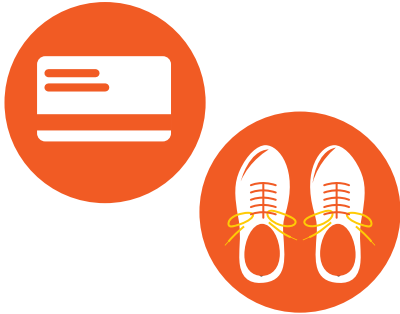
# COVID-19

## Home and Work Plan



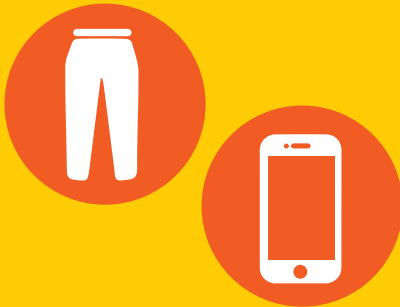
This is designed for people working in clinical areas with patient interaction

### Coming to work



- Bring only what you need to work
- Wear your own clothes and shoes to work

### At work



- Store your bag in staff area with lunch, drink bottle
- Personal phone – keep in own bag in staff only area
- Work phone – keep in Ziploc bag in pocket
- Frequently wipe clean surfaces and equipment
- Change into work clothes/uniform/scrubs and work shoes
- Follow approved PPE and hand washing protocol
- Observe physical distancing wherever possible

### Going home



- Leave pen at work
- At end of shift change into own clothes. Place work clothes/uniform/scrubs in plastic bag to take home, or leave them at work for laundering
- Wipe shoes or leave at work
- Thoroughly wash hands and arms
- Shower if in high risk area
- Collect your belongings from the staff area

### At home



- Maintain physical distancing initially
- Put work clothes/uniform directly into washing machine
- Wash clothes with washing powder (cold wash is fine)
- Dry clothes as normal
- Have a shower if you have not already had one at work
- Hug your family

Clinical areas will develop processes with staff to suit their clinical situation