

## STONZ Career Plan

New Zealand trained specialists, supported every step of the way by STONZ

RMO/Medical student/Trainee Intern name: \_\_\_\_\_

Medical school year or PGY level: \_\_\_\_\_

Current medical school or DHB: \_\_\_\_\_

Specialty/Subspecialty preferences: 1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

It is important to know at an early to stage what the requirements are to apply for your preferred specialty training. The following websites will outline the training application requirements.

Speciality	Website(s)	Speciality	Website(s)
Anaesthetics	<a href="http://www.anzca.edu.au">http://www.anzca.edu.au</a>	Ophthalmology	<a href="https://ranzco.edu/home">https://ranzco.edu/home</a>
Cardiology	<a href="https://www.racp.edu.au">https://www.racp.edu.au</a>	Orthopaedics	<a href="https://nzoa.org.nz">https://nzoa.org.nz</a>
Cardiothoracics	<a href="https://www.surgeons.org">https://www.surgeons.org</a>	Anatomical Pathology	<a href="https://www.rcpa.edu.au/Trainees">https://www.rcpa.edu.au/Trainees</a>
Dental	<a href="https://www.dcnz.org.nz/">https://www.dcnz.org.nz/</a>	Chemical Pathology	<a href="https://www.rcpa.edu.au/Trainees">https://www.rcpa.edu.au/Trainees</a>
Dermatology	<a href="http://www.racp.org.nz">http://www.racp.org.nz</a>	Physical Therapy	<a href="https://www.physioboard.org.nz/">https://www.physioboard.org.nz/</a>
Emergency/ED	<a href="https://acem.org.au/">https://acem.org.au/</a>	Plastics	<a href="https://plasticsurgery.org.nz">https://plasticsurgery.org.nz</a>
Endocrinology	<a href="https://www.racp.edu.au">https://www.racp.edu.au</a>	Psychiatry	<a href="https://www.ranzcp.org/pre-fellowship/about-the-training-program">https://www.ranzcp.org/pre-fellowship/about-the-training-program</a>
ENT	<a href="https://www.surgeons.org">https://www.surgeons.org</a>	RACP	<a href="https://www.racp.edu.au">https://www.racp.edu.au</a>
Gastroenterology	<a href="https://nzsg.org.nz/training/endoscopy-training/">https://nzsg.org.nz/training/endoscopy-training/</a>	Radiology	<a href="https://www.ranzcr.com">https://www.ranzcr.com</a>
General Medicine	<a href="https://www.racp.edu.au/">https://www.racp.edu.au/</a>	Rehab Medicine	<a href="https://www.racp.edu.au/about/college-structure/australasian-faculty-of-rehabilitation-medicine">https://www.racp.edu.au/about/college-structure/australasian-faculty-of-rehabilitation-medicine</a>
General Surgery	<a href="https://www.nzags.co.nz">https://www.nzags.co.nz</a>	Renal	<a href="https://www.racp.edu.au">https://www.racp.edu.au</a>
Geriatrics	<a href="https://www.racp.edu.au">https://www.racp.edu.au</a>	Respiratory	<a href="https://www.racp.edu.au">https://www.racp.edu.au</a>
Haematology	<a href="https://www.racp.edu.au">https://www.racp.edu.au</a>	Rheumatology	<a href="https://www.racp.edu.au">https://www.racp.edu.au</a>
ICU	<a href="https://www.cicm.org.au">https://www.cicm.org.au</a>	Surgery	<a href="https://www.surgeons.org/">https://www.surgeons.org/</a>
Internal Medicine	<a href="https://www.racp.edu.au">https://www.racp.edu.au</a>	Urology	<a href="https://www.usanz.org.au/educate-train">https://www.usanz.org.au/educate-train</a>
Microbiology	<a href="http://www.aucklanddoctors.co.nz/rmos/careers/pathology/">http://www.aucklanddoctors.co.nz/rmos/careers/pathology/</a>	Vascular	<a href="https://www.anzsvs.org.au">https://www.anzsvs.org.au</a>
Neurology	<a href="https://www.racp.edu.au/trainees">https://www.racp.edu.au/trainees</a>	Medical Oncology	<a href="https://www.ranzcr.com">https://www.ranzcr.com</a>
Neurosurgery	<a href="https://www.surgeons.org">https://www.surgeons.org</a>	Radiation Oncology	<a href="https://www.ranzcr.com">https://www.ranzcr.com</a>
O & G	<a href="https://ranzco.edu.au/training">https://ranzco.edu.au/training</a>		

For your preferred option, it is important to plan which **courses, exams and research** are **required** for application and will **facilitate** your selection.

Which courses are <b>required</b> to apply?	What is the research <b>requirement</b> to apply?
Which courses will facilitate your selection?	What research projects, publications and/or presentations will facilitate your selection?
Which exams are <b>required</b> to apply?	What other application requirements need to be considered in your plan?

Of the above, in which order do you intend to complete your courses, exams and research requirements (including conferences to present your research). It is reasonable to plan on completing 1 – 3 of these per year:

Year	Course/Conference/Exam
<i>e.g. 2020</i>	

Please submit this to your local educational supervisor and to us (email a photograph or scan and email to [support@stonz.co.nz](mailto:support@stonz.co.nz)) so that we can ensure your New Zealand Specialist career plan is supported by our current and future MECAs.

<b>RMO</b>	
Signed: _____	Date: _____
Comments:	

<b>Educational Supervisor</b>	
Signed: _____	Date: _____
Comments:	

<b>Senior Registrar or Consultant Mentor</b>	
We strongly advise that you approach consultants or registrars already established on your training program for advice and mentorship.	
Signed: _____	Date: _____
Comments:	