

STONZ CAREER PLAN

SPECIALISTS TRAINED IN AOTEAROA,
SUPPORTED EVERY STEP OF THE WAY BY STONZ

PERSONAL INFORMATION

Full Name:

☐ RMO ☐ Medical Student ☐ Trainee Intern

Medical School Year/ PGY Level:

Current Medical School/ District:

Specialty/ Subspecialty Preferences: 1.

2.

3.



It is important to know at an early to stage what the requirements are to apply for your preferred specialty training. You can find all of the college details on the STONZ website. For your preferred option, it is important to plan which courses, exams and research are required for application and that will help to facilitate your selection.

CAREER PLAN INFORMATION



It is important to think about which order you intend to complete your courses, exams and research requirements (including conferences to present your research). It is reasonable to plan on completing 1 – 3 of these per year.

We recommend sharing your plan with your local educational supervisor and we encourage you to also share with STONZ so we can help ensure your Specialist Career Plan is supported by our current and future SECAs.

- **Which courses are required to apply?**

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- **Which courses will facilitate your selection?**

- **What are the research requirements?**

Also detail what research projects, publications and/or presentations will help facilitate your selection.

- **Which exams are required to apply?**

Comments:

RMO Signed
& Dated

Comments:

Educational Supervisor
Signed & Dated



We strongly advise that you also approach consultants or registrars already established on your training program for advice and mentorship.