

Personal protective equipment (PPE) requirement in Maternity settings for prevention of COVID-19

Where possible women should be telephone screened prior to any face to face visit or entry to the maternity unit.

This is a guide on recommended PPE. It is expected that clinicians involved in care will use appropriate clinical judgement on PPE required.

For women who do not have COVID-19, and are not in 14-day isolation; standard precautions are still required as per normal practice.	 Hand Hygiene ‡	 Surgical Mask	 N95/ P2 Mask	 Eye Protection*	 Gloves	 Fluid Resistant Gown or Plastic apron
Providing care not involving contact with body fluids	✓	✗	✗	✗	✗	✗
Providing cares that may involve exposure to blood, body fluids, secretions, excretions, or medication assistance (Including: taking bloods/vaginal swabs, doing a stretch and sweep)	✓	✗	✗	✗	✓	✓
Early first stage of labour care when physical distancing is possible	✓	✗	✗	✗	✓	✓
During birth care (late first, second and third stage)	✓	✓	✗	✓	✓	✓

For midwives caring for women who are confirmed or suspected COVID-19 (see case definition [†]). In addition to standard precautions, apply contact and droplet precautions. Ask the woman to wear a mask , if possible, when attending.	 Hand Hygiene ‡	 Surgical Mask	 N95/ P2 Mask	 Eye Protection*	 Gloves	 Fluid Resistant Gown or Plastic apron
Providing care	✓	✓	✗ ^{**}	✓	✓	✓

For women in self-isolation due to recent travel or contact with someone with confirmed, probable or suspected COVID-19; standard precautions still apply. Ask the woman to wear a mask , if possible, when attending.	 Hand Hygiene ‡	 Surgical Mask	 N95/ P2 Mask	 Eye Protection*	 Gloves	 Fluid Resistant Gown or Plastic apron
Providing care not involving contact with body fluids	✓	✓	✗	✗	✗	✗
Providing cares that may involve exposure to blood, body fluids, secretions, excretions, or medication assistance (Including: taking bloods/vaginal swabs, doing a stretch and sweep)	✓	✓	✗	✓	✓	✓
Early first stage of labour care	✓	✓	✗	✓	✓	✓
During birth care (late first, second and third stage)	✓	✓	✗	✓	✓	✓

Please refer to guidance on donning and doffing of PPE and Ministry information on COVID-19. www.health.govt.nz/covid19-hp-resources

[†] www.health.govt.nz/covid19-case-definition

* Face shield or goggles. Prescription glasses are not classed as eye protection.

‡ Perform hand hygiene according to the 5 moment for hand hygiene
^{**} N95/P2 mask should only be used if aerosol generating procedures are performed